

• <u>WALKING</u>: - In climatecontrolled banquet room, twenty-five (25) laps equals a mile.



• <u>OUTSIDE</u> <u>WALKING</u>
<u>TRAIL:</u> - Each lap equals 1/3
Mile



• FITNESS ROOM:
Open for your convenience
Monday — Friday from
8:00 a.m. to 3:45 p.m. (We
ask that you please register
at the front desk when using the fitness room.)



avail daily

• <u>CARDS</u>: - Card tables available for your use on a daily basis.



• <u>BILLIARDS/POOL:</u> There is a Bumper Pool Table as well as a regular size Pool Table in the lower level card room for your enjoyment. The

tables are available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.

## RAINBOW MESSENGER JUNE, 2010



• <u>COMPUTER LAB:</u> - The computer lab is available for use daily. Jack and Ryan are available every Wednesday from 9:00 to 10:30 a.m. for FREE assistance. Come in

and let them help you!

### **REGULAR SCHEDULED ACTIVITIES:**



• EXERCISE CLASS meets Monday and Thursday mornings at 9:00 a.m. in the Banquet Room. Our exercises are designed to help keep your joints limber.



•TLC CLASS (Tender Loving Crafts Class): Are you ready to try something new? We've got just the thing! Join the TLC

(Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room downstairs. The studio fee is \$3.00 per session and project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month's projects are:

June 1<sup>tst</sup> - Faces & Features

June 8<sup>th</sup> — Clothespin Dolls

June 15<sup>th</sup>— No Class

June 22<sup>nd</sup>—No Class

June 29<sup>th</sup> Red-White & Blue

Saturday, June 26<sup>th</sup>—Come join us for some fun from 9:00 a.m. to 12:00 p.m. Crafts for all ages. Call 482-4455 to make reservations. Limited to the first 15,



• SINGING SENIORS: The Singing Seniors meet on Friday mornings at 10:00 a.m. at the Habig Center. On Friday, June 18th we will be singing at Scenic Hills in Ferdinand at 10:00 a.m.

Come join us some time.



• <u>BINGO</u> will be held on Thursday, June 3<sup>rd</sup>, Tuesdays, June 22<sup>nd</sup> and 29<sup>th</sup> beginning at 12:00 noon. The cost is \$1.00 per card for all 50 games (25 per ses-

sion) and \$ .25 to play in two coveralls or special games at the end of each session. We ask you to keep bills to \$5 and under or correct change. Beginning at 11:30 a.m. someone will be there to collect your money. Thanks for your cooperation.



• BLOOD PRESSURE CHECKS:
We'll have Blood Pressure Checks
taken from 11:15 a.m. - 12:15 p.m.
on Thursday June 3<sup>rd</sup> and Tuesdays, June 22<sup>nd</sup> and June 29<sup>th</sup>.



• QUILTING BEES will be held on Mondays, June 14<sup>th</sup> and 28<sup>th</sup> from 9:00 a.m. to 3:00 p.m. All quilters are welcome to attend and lunch will be provided. We

appreciate all the quilting that you do for us!!



### **CARD TOURNEYS:**

Tuesday, June 8<sup>th</sup>
Rum Tourney
Tuesday, June 15<sup>th</sup>
Sheephead Tourney
Thursday, June 24<sup>th</sup>
Euchre Tourney

Games start at 12:00 (noon) and last until 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. We play 6 games in Euchre; 7 in Sheephead. We also have some new "House" rules for Sheephead: We just play till 1st person at the table is out. 2nd "You can lay your cards up" on the table to go over a higher bid. Come in and give it a try.

# \*\*\*\*\*<u>\$PECIAL ACTIVITIES:</u>\*\*\*\*\*\*

• LUNCH BUNCH: We'll be enjoying lunch at Mimi's at the Jasper Country Club at 11:00 a.m. on Friday, June 11th. They have a lunch menu for you to order off of. Please call your reservations in to the Center by 12:00 p.m. Monday, June 7th. As before the group still goes out "dutch treat" for lunch. We always have a great time visiting and eating at the different places.

PUZZLES: Do you like to put puzzles together? We have one out on the dining room table for anyone that would like to help. Put a few pieces together in passing or sit for awhile. If you have puzzles that you'd like to bring in, please do so!

## RAINBOW MESSENGER JUNE, 2010

**NEW ACTIVITIES:** We're always looking for a new activities to try here at the Center. If you have any suggestions, please let one of the staff know



• **BOOK CLUB:** Book Club will meet **Wednesday**, **June 9th at 1:00 p.m.** We'll be discussing "2006 Bones" by Kathy Reichs.

July's book we'll be reading a new release by one of our favorite authors, Janet Evanovich "Sizzling 16" is due for release June 22nd so it will be hot off the press! Everyone in the book club will get a chance to select a book for the group to read, we invite you to join us.

- catered Meal: Thursday, June 17th at 12:00 p.m. by BarnYard Bar-B-Q. A delicious summertime meal of: BBQ Chicken, Scalloped Potatoes, Carrots, Green Beans, Sweet & Sour Lettuce, Log Cabin Bread and drink for \$6.50 a plate. Money will be collected at the meal. Please bring correct change. Reservations are due by 3:00 p.m. Thursday, June 10th.
- THE HABIG ROOM: The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.

• GAME DAY: How about a GAME DAY Wednesday, June 16th at 1:00 p.m.? Come in and play your favorite "Board" game, or maybe try a new one. We have several games here or you can definitely bring your own. Bring in your friends and play anytime.









- Wii GAMES: Come in and bowl, box, play golf, tennis or baseball on the Wii. You can play alone or with a friend. It's great exercise and is available everyday but Wednesdays in the lower level card room. Games are also available to rent at local video stores if you'd like to try something different. We're always here to help you get started!!
- CORN HOLE: You can try your luck at Corn Hole games in the lower level Monday thru Fridays from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in. We have a "special" afternoon for Corn Hole at 1:00 p.m. on Monday, June 1st. Hope you can join us for a fun afternoon.
- TRIPOLEY: Come in for an afternoon of Tripoley on Wednesday, June 23rd starting at 1:00 p.m. Games will be played from 1:00-3:00 p.m. for pennies. Please sign-up by noon on Monday, June 21st.

at 12:00 p.m. in the banquet room of the Habig Community Center. Come in to hear an informative and enlightening speaker at our Boomerama. Cost is \$5.00 for lunch. Please make reservations to attend by calling the Center by 3:00 p.m. at 482-4455 by Thursday, June 17th. Watch the paper for more information.

• CASINO AZTAR TRIP: Reminder: the bus will leave Wednesday,
June 2 from the Jasper High School
South Parking Lot at 9:30 a.m. Pickups made in Huntingburg at 9:40 a.m. Be sure to
bring government Picture I.D. along in case you're
a big winner. We will return home around 5:00
p.m.

BADGETT'S PLAYHOUSE TRIP: Thursday, June 10th we will leave the Jasper High School South Parking Lot at 8:00 a.m. Price is included for the play and lunch. We'll be stopping for supper on the way home. The evening meal is not included in the price, so please keep this in mind.

## RAINBOW MESSENGER JUNE, 2010

### **FUTURE TRIPS:**

July 16th. We have seats reserved in the air-conditioned Skye Theatre. Cost of the trip will be \$38.50 which includes: transportation, admission, reserved seat, program, buffet, iced tea, coffee, tax and gratuity. Sign-up starts at 7:30 Tuesday, June 8th by phone only. Callers may sign up four (4) Dubois County Senior Citizens per call. We'll leave the Jasper High School Parking Lot at 10:30 a.m. Money is due by 3:00 p.m. Friday, June 18th. Please bring correct change when paying. Pick-ups in Huntingburg upon request.

### **DERBY DINNER PLAYHOUSE TRIP:**



A trip is planned to Derby Dinner Playhouse on **Wednesday**, **August 11th** to see a Matinee Rodgers & Hammerstein's classic "CINDERELLA", a touch

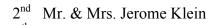
of comedy makes this once upon a time tale a treat for everyone. Join us to see this "rags to riches" classic. We'll leave the Jasper High School Parking Lot at 10:15 a.m. Cost of the trip is \$45.00, which includes: transportation, dinner, show, gratuity and tax. Sign-ups start at 7:30 a.m. Tuesday, June 29th by phone only. Money is due by 3:00 p.m. on Tuesday, July 20th.

- NOTICE: June and July trips will be leaving from the Jasper High School South Parking Lot. August to be determined.
- BOOK SHELF: We have spaces available if you would like to bring in books to loan out or borrow. Make sure your name is in the book and we will have a sign in and out sheet available. If you have any questions, please feel free to call us at 482-4455. Thank you!!
- you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!
- <u>SUNDAYS</u>: With the help of volunteers, the Center is able to be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. If you'd like to volunteer to open for us, please call the Center at 482-4455.



- 3<sup>rd</sup> Cotton Stemle
- 9<sup>th</sup> Priscilla Starkey
- 12<sup>th</sup> Bill Lindsay
- 13<sup>th</sup> Roy Weyer
- 15<sup>th</sup> Henrietta Buechler
- 22<sup>nd</sup> Anna Marie Mehringer
- 23<sup>rd</sup> Emily Platt
- 23<sup>rd</sup> Martha Howard
- 24<sup>th</sup> Irene Dippel
- 28<sup>th</sup> Frances Kunz
- 29<sup>th</sup> Helen Schroeder





7<sup>th</sup> Mr. & Mrs. Bill Lindsay

26<sup>th</sup> Mr. & Mrs. Leroy Frick

## RAINBOW MESSENGER JUNE, 2010



### **RECIPE EXCHANGE:**

#### **BREADED RANCH CHICKEN**

3/4—Cup Crushed Cornflakes

3/4—Cup Grated Parmesan Cheese

1— Envelope Ranch Salad Dressing Mix

8— Boneless Skinless Chicken Breast Halves (4 ounces each)

1/2—Cup Butter, Melted

In a shallow bowl, combine the cornflakes, Parmesan cheese and salad dressing mix. Dip chicken in butter, then roll in cornflake mixture to coat.

Place in a greased 13" x 9" baking dish. Bake, uncovered, at 350° for 45 minutes or until chicken juices run clear. Yield: 8 servings.

Submitted by: Marge Bachman